



Hope & Horizon – Fairfield Hospital

Rochdale & District Mind provide the independent advocacy service at the Hope & Horizon units in Bury. The service is available to all inpatients on both wards.

What is independent advocacy?

Being in hospital can be difficult and confusing. Professionals, such as nurses and Doctors are here to help. However, sometimes adults don't listen to children and young people or you may not have the confidence to speak to **Advocacy is about changing that**. It's about making sure that:

1. You are involved in your care & treatment
2. You are listened to
3. You understand your rights and that they are met

We can also help you to **understand what your choices and options**

We can do this by:

1. Talking things through
2. Get unbiased information about what you want to know
3. Work out your options

Advocates are independent. This means that we do not work for the hospital or for social services. We will:

- Be honest with you
- Stand up for you
- Treat you as an equal
- Respect your privacy
- Listen to you
- Only do what you ask them to

- Stop working with you when you say you don't want their help anymore

Confidentiality

We provide a confidential service. We will only share what you tell us if you tell us to. This is very important. The only time we would not do this is if someone was at risk of harm.

Contact us

We will attend [community meetings](#) on Hope & Horizon and we will provide weekly [drop-ins](#) where you can speak to us one to one.

If you prefer you can [email us](#) and we will come and see you:

info@buryadvocacyhub.org.uk

The email can be used to ask us to visit you. If you tell us your name we will arrange to come and see you. We will get there as soon as we can and will visit no later than a week after you contact us.

The email will be checked each day Monday - Friday